



The Victorian  
Rehabilitation Centre

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The Victorian Rehabilitation Centre

A Healthscope hospital.

ABN 61 069 962 698

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# Hand Therapy



## Our Facilities

The Victorian Rehabilitation Centre is a leading rehabilitation facility with over 40 years of experience.

We pride ourselves on our excellent reputation.

Our team expertly manages the rehabilitation needs of our patients with equipment and facilities that are at the forefront of rehabilitation and technological practice.

## Hand Therapy Service

The Hand Therapy Service at The Victorian Rehabilitation Centre aims to assist patients to achieve the optimal physical outcome following injury or disease of the upper limb. A certified therapist provides the service and is experienced in the treatment of all conditions relating to the hand, wrist and elbow.

We work closely with the referring specialist and tailor treatment programs to individual needs.

## Some of the conditions and injuries we manage include:

- Fractures of the hand and wrist
- Nerve compression and palsies
- Traumatic injuries
- Scar management
- De Quervain syndrome
- Epicondylitis
- Arthritis
- Burns
- Tendon/nerve repair

## Treatment options include:

- Splinting
- Mobilisation
- Strengthening
- Oedema management
- Scar management
- Desensitisation
- Joint protection strategies

## Referral

A referral is required to take part in this program. This can be obtained from your General Practitioner, Specialist or referring hospital.

## Funding arrangements

We have funding agreements with all private health insurance funds as well as:

- Transport Accident Commission (TAC)
- Department of Veteran's Affairs (DVA)
- WorkSafe Victoria
- Comcare

Alternatively this program can be self-funded.

We are also registered with the Medicare Enhanced Primary Care program.

